



This program is offered free of charge by the Family Interaction Program at the Griffith University Psychology Clinic, Gold Coast.

This program is designed for you and your family if you have a child aged 1 to 6 years.

For 8 consecutive weeks, you will work one-on-one with a qualified therapist and trained Circle of Security Parenting Facilitator who can tailor the program to meet your individual needs.

FAMILY INTERACTION PROGRAM

Serving the diverse needs of a diverse community since 2002

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Family Interaction Program

CIRCLE OF SECURITY PARENTING PROGRAM

Early Intervention Program
For Parents & Children



IS CIRCLE OF SECURITY PARENTING FOR ME?

All parents and caregivers want the best for their children. However, sometimes it can be difficult to know exactly how to protect your child, whilst appropriately encouraging them to explore their world independently.

If you would like to be a parent or caregiver who is strong, wise, kind and more emotionally aware, then this program could be for you.

WHAT WILL I LEARN DURING THE PROGRAM?

Circle of Security Parenting helps you develop further insight into the emotional needs of your child and how they express these needs. You will learn what it takes to support your child as they build skills to successfully manage their emotions.

You will learn to balance your child's desire for exploration and need for emotional support, to minimise challenging behaviours and increase self-esteem.

WHAT IS THE CIRCLE OF SECURITY PARENTING PROGRAM?

The Circle of Security Parenting Program is based on decades of research and aims to improve relationship quality between you and your child.

It is a unique, relationship-based parenting program that teaches you how to foster a secure relationship with your child. It balances caregiver education with reflection and support around your personal experiences and emotions. This contributes to your child feeling confident and secure to learn and explore, knowing that you will always be there to protect and support them.

The program is based on a unique graphic that allows you to follow your child's needs around 'the circle' over an 8 week period.