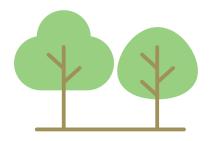
BENEFITS

- * Decreased child disruptive behaviours
- * Decreased child noncompliance
- * Improved family and peer relationships
- * Reduced parent/carer distress
- * Enhanced family communication skills
- * Enhanced parent/carer confidence
- * Increased positive interactions
- * Increased positive parenting skills



FAMILY INTERACTION PROGRAM

Serving the diverse needs of a diverse community since 2002



Griffith University, Gold Coast Parklands Drive, Southport QLD 4215



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PARENTCHILD INTERACTION THERAPY (PCIT)









WHAT IS PARENT-CHILD INTERACTION THERAPY?

If you have a child aged 1 to 6 that has tantrums or other disruptive behaviours that are causing problems at home, daycare or school, then Parent-Child Interaction Therapy is designed for you.

You will be assisted to increase positive interactions with your child in order to build a more secure relationship and effectively respond to your child's disruptive behaviours.

The program consists of two parts - Relationship Enhancement and Additional Skills. Sessions are held weekly for approximately 17 weeks and are free of charge.





RELATIONSHIP ENHANCEMENT

In the first weeks of the program, you will strengthen the bond with your child and practice positive parenting skills, whilst managing behavioural problems.

While you and your child play together, a therapist coaches you via an earpiece device from a separate room.

You will gain practical skills to increase appropriate child behaviour and foster a positive relationship with your child.

ADDITIONAL SKILLS

During this stage of the program, you will learn how to confidently use behaviour management techniques whilst maintaining a positive relationship with your child.

During play sessions, a trained therapist will coach you on how to implement these strategies.

Coaching is done in real-time as a therapist helps you to manage challenging behaviour as it occurs.